



Consent to Treatment

I acknowledge that I understand information about the psychotherapy I am considering. I have had all my questions answered fully. I do hereby seek and consent to take part in the treatment by Robin Navarro, Psy.D. I understand that developing a treatment plan with her and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process.

I understand that no promises have been made to me as to the results of treatment or of any procedures provided by Dr. Navarro. I am aware that I may stop my treatment with her at any time. The only thing I will still be responsible for is paying for the services I have already received. I understand that I may lose other services or may have to deal with other problems if I stop treatment. (For example, if I decide to return to psychotherapy at a later date, I understand Dr. Navarro may be full and I will have to wait.)

I know that I must call to cancel an appointment at least 24 hours before the time of the appointment, 48 hours before if my appointment is on a Monday. If I do not cancel and do not show up, I will be charged \$80 for that appointment and the full \$165 for any subsequent misses, charges not covered by insurance.

I am aware that an agent of my insurance company or other third-party payer (Dr. Navarro's billing specialist) will be given information about the type(s), cost(s), date(s), and providers of any services or treatments I receive. I understand that if payment for the services I receive here is not made, Dr. Navarro may stop my treatment.

My signature below shows that I understand and agree with all of these statements.

Signature of client (or person acting for client)

Date

Printed name

Relationship to client (if necessary)

Copy accepted by client Copy kept by psychologist

This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.

From *The Paper Office*. Copyright 2008 by Edward L. Zuckerman. Permission to photocopy this form is granted to purchasers of this



book for personal use only (see copyright page for details).