



COVID-19 Response:

Due to the continual presence of COVID-19 in Mecklenburg and surrounding counties, I have been offering only telehealth sessions to include HIPAA compliant digital formats and telephone sessions. Most insurance companies are reimbursing for telepsychology appointments and there is evidence to support that it is as effective as face-to-face meetings. The situation will continue to be monitored and I plan to return for in-person sessions sometime by late spring 2021 although will continue to offer telehealth appointments after this date for all who would prefer this modality. Please note if you are a new client, you are welcome to begin online treatment from your computer or cell phone or be added to my waitlist for in-person sessions. Please contact me with any questions.